



PMHA Sunshine Skate Development Sessions

THANK YOU AND UPDATE

Hello parents and players,

First off, I would like to thank the parents and players who have taken advantage of this year’s sunshine skates. Overall, we have had a decent turn out at such an early hour. Next, I would like to thank Mr. Edgar (Chris) and his students (Brayden Kominek, Tate Stonehouse, Rowen Douglas, Ryder Stokes, & Nate Reidhead). Mr. Edgar and the boys did an awesome job with these skates and PMHA appreciates the time they volunteered putting them on. I would also like to thank Dan Veenema and V-Strides Hockey for running the Friday sessions. Between the sessions in 2022 as well as the sessions in the new year we were able to offer another 22 opportunities for PMHA kids to get on the ice and work on skill development.

Please review the calendar below as well as the PMHA webpage. Going forward the Sunshine Skates will not continue. The Friday skates will continue so each age group will have a chance to get one last one in. **So, Friday March 10th (U8-10), Friday March 24th (U15-18), and Friday March 31st (U11-13) will be the last Sunshine Skates for the year.**

Thanks again to everyone that has been involved this year in getting these skates in and stay tuned in to the PMHA webpage and calendar for more cool things to come this spring and over the summer for skill development.

Remaining Sessions for March are below. Ice for these sessions will remain at 6:30AM – 7:30AM

U8-U10	U11-U13	U15-U18
Friday, January 27, 2023	Tuesday, January 24, 2023	Friday, February 3, 2023
Tuesday, February 7, 2023	Tuesday, January 31, 2023	Friday, February 17, 2023
Tuesday, February 14, 2023	Friday, February 10, 2023	Friday, March 3, 2023
Friday, February 24, 2023	Tuesday, February 21, 2023	Friday, March 24, 2023
Tuesday, March 7, 2023	Tuesday, February 28, 2023	
Friday March 10, 2023	Friday, March 31, 2023	

Sessions are currently open to **PMHA players only**. If you have any questions, please contact me directly either by email or text at: wellingtonwalker1@me.com or 519-384-8926

Thanks, and hope to see you at the rink
Dan Wellington
Player and Coach Development
PMHA